

## NAPA COUNTY CANCER RESOURCES

The following is a list of cancer support resources provided by members of the Napa Valley Coalition of Nonprofit Agencies, as presented at our Coalition Member meeting on September 21, 2011. Please contact them at the numbers they have provided for additional information about the services they offer. Spanish translation of contact information is at the end of this document.

### American Cancer Society

Napa ACS Office  
1031 Jefferson Street  
Corner of Clay & Jefferson  
255-5911, option 3  
Hours: 9 a.m. – 5 p.m.



### Breast Cancer Support Group

Date/Time: Fourth Tuesday, 10:00 am  
Location: Queen of the Valley Medical Center  
Contact: Community Outreach, 251-2012  
Individual Support: Reach to Recovery  
Contact: American Cancer Society,  
707-255-5911 or [cancer.org](http://cancer.org)

### Cancer Survivors Network

American Cancer Society's online community created by and for people with cancer and their loved ones.  
Contact: American Cancer Society  
1-800-227-2345 or log on to [cancer.org/csn](http://cancer.org/csn) or [circleofsharing.cancer.org](http://circleofsharing.cancer.org) (a private web page for cancer patients to share with their loved ones)

### Cancer Wellness Program

A program designed to aid cancer patients in their recovery, and prepare them for their future as a cancer survivor. Physician referral required.  
Location: Queen of the Valley Medical Center Wellness Center  
Contact: 707-252-4411 x 2495

### Caregiver Support Group

Location: Napa Valley Hospice & Adult Day Services, Napa  
Contact: 258-9087  
Funded by Queen of the Valley Medical Center, Community Outreach

### General Cancer Support Group

Date/Time: Wednesdays, 4:00 p.m.  
Location: [Queen of the Valley Medical Center](#)  
Contact: Community Outreach, 251-2021

### General Telephone Support Group

I Can Cope is an interactive telephone support group for cancer patients and their caregivers; topics change monthly.  
Location: The comfort of your home!  
Contact: American Cancer Society  
1-800-227-2345 or log onto:  
[cancer.org/onlineclasses](http://cancer.org/onlineclasses)

### Grief Support Groups

Location: Napa Valley Hospice & Adult Day Services, Napa  
Contact: 707-258-9080  
Location: St. Helena Hospital  
Contact: 707-963-6419

### Look Good ...Feel Better

A free program that teaches beauty techniques to women in active cancer treatment to help them manage the appearance-related side effects of that treatment.  
Contact: American Cancer Society  
707-255-5911

### Ostomy Support Group

Date/Time: Second Tuesday every other month  
3:30 pm  
Location: [Queen of the Valley Medical Center](#)  
Contact: Kathleen Jones, 255-6695

### Prostate Cancer Support Group

Date/Time: First Tuesday, 7:00pm  
Location: [Queen of the Valley Medical Center](#)  
Contact: American Cancer Society 255-5911 or Dale Weide 707-251-2021 (QVMC)

### Travel/Gas Reimbursement

Transportation and/or partial reimbursement for travel to and from cancer-related medical appointments. Discounted or free lodging in some areas.  
Contact: American Cancer Society  
1-800-227-2345

### Women's Cancer Support Group

Date/Time: Tuesdays, 5-6:30 p.m.  
Location: St. Helena Hospital \*  
Contact: 707-967-5791  
\* Hats, scarves, wigs, organic skin and hair care products are available for purchase at the Martin-O'Neil Cancer Center boutique:  
707-967-5710, Kellie Lind  
Hours: Monday – Thursday, 9 a.m. – 3:30 p.m.

### Other Free Services 1-800-227-2345 (24/7)

Wigs, hats, scarves  
Cancer specific information  
Caregiver information  
[Clinical trial matching service](#)  
Free quit smoking class: 253-6100 x 132  
Children's Cancer Community: 234-7398

To order free materials, for information or to register for our free programs or services, please call 1-800-227-2345 to speak to a live cancer information specialist 24 hours a day, seven days a week or visit us at [cancer.org](http://cancer.org). (Se habla Espanol.)

This represents only a partial list of the information we have to offer:

### Taking Care of Yourself

- Cancer-Related Fatigue and Anemia
- Distress
- Facing Forward: Life After Cancer Treatment
- Fever and Neutropenia
- Nausea and Vomiting
- Nutrition for the Person with Cancer: A Guide for Patients & Families
- Pain Control: A Guide for Those with Cancer and Their Loved Ones
- Sexuality and Cancer (a separate booklet for men and women)
- Telephone conference call support: I Can Cope (topics change monthly, call for schedule)
- Tobacco cessation services & referrals

### Information

- After Diagnosis
- Advance Cancer: Living Each Day
- Clinical trial Information
- Couples Confronting Cancer
- Health Manager kit (to keep track of all of your medical information)
- In Treatment: Financial Guidance for Cancer Survivors and Their Families
- Specific information on your particular cancer
- Survivor Celebration – Relay For Life
- Talking With Your Doctor
- What Is Cancer? A Guide for Patients and Families
- Volunteering: contact your local Napa County ACS Office

#### Treatment

- Chemotherapy: What It Is, How It Helps
- Radiation Therapy: What It Is, How It Helps
- Treatment guidelines for various cancers

#### Women

- Look Good...Feel Better (free makeover program for women)
- Reach to Recovery: A peer support program for women with breast cancer
- Free wigs, hats and scarves

#### For Friends and Family

- Caring for the Cancer Patient at Home
- How to Be a Friend to Someone With Cancer
- It Helps to Have Friends (for children with a parent with cancer)
- Listen With Your Heart: Talking With the Person Who Has Cancer
- When Your Brother or Sister Has Cancer

#### Men

- Look Good...Feel Better (booklet on skin/nail/hair care)
- Man to Man: Prostate Cancer Support Program
- Free ball caps

### Martin-O'Neil Cancer Center at St. Helena Hospital Napa Valley

10 Woodland Road  
St. Helena, CA, 94574  
Phone: 707.963.3611



When you're facing the uncertainty of a cancer diagnosis, the Martin-O'Neil Cancer Center at St. Helena Hospital is here to ensure that your physical, emotional and spiritual needs are met. We're here to listen, guide and give you hope. We are your resource for complete, personalized compassionate cancer care.

We offer complete cancer care in one convenient location. Our multidisciplinary team of board-certified physicians specializes in medical, radiation and surgical oncology. Our physicians use the most advanced technology available and work with the support of oncology-certified nurses, pharmacists and registered dietitians, a clinical navigator and an exceptional radiation therapy team. The Martin-O'Neil Cancer Center also participates in the Clinical Trials Cooperative Group Program sponsored by the National Cancer Institute (NCI).

#### Integrative and Support Services include:

- Patient Resource Library with Resource Specialist
- Abundance Boutique with specialty items for cancer patients
- Look Good Feel Better classes through the American Cancer Society
- Teens for Tummies Program (provides 4 healthy meals/week to qualified cancer patients)
- Music Therapy (once every other week)
- Healing Breath and Movement (one time per week)
- Women's Cancer Circle (Tuesdays, 5:15-6:30 pm)
- Circle for Caregivers (Wednesdays, 2-3 pm)
- Beginning November 7 a 6-week Survivorship Series

Colleen Winters, LCSW, Clinical Navigator, 967-5791  
[www.sthelenahospitals.org](http://www.sthelenahospitals.org)

### Community Health Clinic Ole

1141 Pear Tree Lane, Suite 100  
Napa, CA 94558  
707-254-1770



#### Cancer screenings we do here:

- Pap smears
- Clinical breast exams
- Mammogram referrals to QVMC

Most uninsured women will qualify for programs such as CDP or Family Pact; if they don't, the Queen generously provides mammograms at reduced cost through a cancer services program/contract with Clinic Ole.

#### Colon cancer screenings:

We order fecal occult blood tests; there is no charge for uninsured patients—this is subsidized by Quest.

For colonoscopies, again, through the same program mentioned above with QVMC, uninsured patients who qualify for charity care are subsidized. Dr. White sees patients at Clinic Ole and we pay him through the same contract.

Dr. Ari sees uninsured patients with a cancer diagnosis twice monthly at Clinic Ole. This is also covered under the same QVMC program.

We also have a Pharmacy Assistance Program and will apply on behalf of the patients for free chemotherapy drugs for uninsured patients.



## **Legal Aid of Napa Valley**

1001 Second Street #225  
Napa, CA 94559  
707-259-0579



Available services that may be needed by those who are ill, in addition to healthcare directives, include other small estate planning such as power of attorney for finance and wills. We have had several referrals from Community Outreach in which the patient, a mother, has had terminal cancer and did not want the father of the children to gain custody, so we prepared a will with nomination of guardian. We also review existing wills and trusts to make sure they are still the wishes of the patient.

Outside estate planning, we provide assistance to prevent evictions (often due to non-payment of rent that can occur when one is ill) and provide assistance in other housing issues. In addition we provide counsel to those with debt and consumer matters. We work with Bay Area Legal Aid to assist with public benefits such as access to Social Security, SSI, MediCal and other benefits. We work with clients who have nursing home problems, incapacity issues and/or conservatorship matters.

The Senior Legal Services Program also assists with elder abuse and neglect.

Our Baseline Legal Services Program assists with domestic violence and other family law matters, landlord/tenant disputes, wage and employment matters and many of the matters listed above.

Our Immigrant Legal Services Program provides assistance with family visa petitions, legal residency (green cards), citizenship applications, legal residency for victims of domestic violence and child abuse (U-Visas), special immigrant juvenile status, deportation defense, housing discrimination and wage and employment matters.

All of our services are free.

We have intake hours on Mondays between 10am-12pm and Thursdays between 1pm and 3pm for new clients. There is an income eligibility criteria for our services, excluding the Seniors Program (but with a priority given to low-income persons). All clients must reside in Napa County.

We hold clinics throughout the County so all have access to our services.

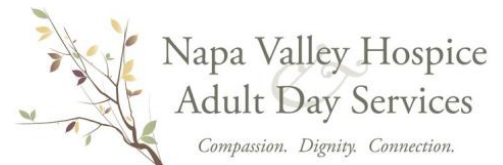
Our phone number is 259-0579 and our address is 1001 2nd Street, Suite 225, Napa, CA 94559.

Please feel free to call to learn more about our services or visit our website at [www.legalaidnapa.org](http://www.legalaidnapa.org).

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## **Napa Valley Hospice & Adult Day Services**

414 South Jefferson Street  
Napa, CA 94559-4515  
707-258-9080



### Hospice Services

Medical, nursing, spiritual, social and personal support is provided wherever the patient calls home. Grief support to anyone in the community suffering from a loss. Fees for service are typically covered by Medicare, MediCal, private insurance. No one is turned away, regardless of ability to pay.

### Transitions Palliative Care

Nursing support includes a monthly in home visit, weekly phone calls. Volunteer services to address practical needs. Referrals to other community-based services. Service offered free of charge.

### Adult Day Services

Medical, nursing, social, recreational, personal care services are offered at our Center during the day for adults who are frail, have dementia or other chronic conditions, or require help with activities of daily living.

Family consultations, education and referrals related to memory loss concerns. Brain fitness and Mind Boosters programs.



## NAPA COUNTY CANCER RESOURCES

### Recursos de Cáncer Del Condado de Napa

Breast Cancer Support Group Grupo de Apoyo de Cáncer de Seno	(707) 255-5911	cancer.org
Cancer Survivors Network La Red de Sobrevivientes de Cáncer	1-800-227-2345	cancer.org/csn or circleofsharing.cancer.org
Cancer Wellness Program Programa de Bienestar de Cáncer	(707) 252-4411 x 2495	Queen of the Valley Medical Center
Caregiver Support Group Grupo de Apoyo de Cuidador	(707) 258-9087	Napa Valley Hospice & Adult Day Services
General Cancer Support Group Grupo de Apoyo de Cáncer General	(707) 251-2021	Queen of the Valley Medical Center
General Telephone Support Group Grupo de Apoyo de teléfono General	1-800-227-2345	cancer.org/onlineclasses
Grief Support Groups Grupo de Apoyo de Duelo	(707) 258-9080 (707) 963-6419	Napa Valley Hospice & Adult Day Services St. Helena Hospital
Look Good...Feel Better Luzca Bien...Siéntase Mejor	(707) 255-5911	American Cancer Society
Ostomy Support Group Grupo de Apoyo de Ostomía	(707) 255-6695 Kathleen Jones	Queen of the Valley Medical Center
Prostate Cancer Support Group Grupo de Apoyo de Cáncer de Próstata	(707) 255-5911 (707) 251-2021	American Cancer Society Dale Weide, Queen of the Valley Medical Center
Travel/Gas Reimbursement Reembolso de Viaje/Gas	1-800-227-2345	American Cancer Society
Women's Cancer Support Group Grupo de Apoyo de Mujeres con Cáncer	(707) 967-5791	St. Helena Hospital
Other Free Services Otros Servicios Gratuitos	1-800-227-2345 (24/7)	Clinical trial matching service
Free quit smoking class Clase gratis para dejar de fumar	(707) 253-6100 x132	
Children's Cancer Community Comunidad de Cáncer Infantil	(707) 234-7398	